

Volume 3 | Issue 1 Spring 2025

Call2Talk Postvention Support Services

Reaching Milestones

The *Move4Ward* Network just passed the two year anniversary of its virtual support group for women who have lost a spouse or life partner to suicide. We are so grateful to offer this healing support.

Reflections from group members and facilitators...

"Move4Ward means that I have a safe and loving place to heal with women that are going through the same loss journey. We support each other with our experiences." – *Tina* "A survivor volunteer reached out, offering support and inviting me into a community of incredible, resilient women who understand this unique pain. I truly don't know where I would be without this group and the connections is has given me." – *Lynn Our facilitators added:*

"I have witnessed the remarkable growth and resilience of our group members and the satisfying experience of connecting our individual survivor journeys." – *Irena* "After two years of *Move4Ward*, I'm amazed by the strong connections formed within this group. It's inspiring to see those who joined us in the early stages of their loss now supporting and guiding newer members through their toughest days." – *Val* "I have seen many different stages of loss. The group has become a 'community' as we allow others to talk about fears and concerns." – *Cathy*

Meet our newest LOSS Team volunteer!

We are thrilled to welcome David O'Leary to the team. David is a suicide loss survivor. He brings a great deal of compassion and understanding to the team, having worked with countless fellow survivors over the years as a longtime volunteer and former Board Member with AFSP (American Foundation for Suicide Prevention), MA Chapter.



"I'm honored to have the opportunity to work with the LOSS Team to serve those who have experienced a loss. Offering comfort, support and resources to loved ones and family members in the hours and days after losing someone to suicide is a profound experience."

Visit <u>www.lossteammetrowest.org</u> to learn more about our program.

Franklin Police Department Training LOSSteam MetroWest was invited to participate in a 2-day mental health training for sixty members of the Franklin Police Department, hosted by their Co-Response Clinical Team.

United to support the Franklin Community...

Team members reviewed the many services available to the suicide loss survivor community through the LOSS Team program and our longstanding partnership with Franklin PD. Partnering police departments that would like a program refresher are encouraged to reach out to Barb to schedule a training <u>barbb@mass211.org</u>.



Co-Response Clinicians from left: Kallie Montagano, Sonja Wagner, and Caroline Ferris.

New Postvention Resource Materials

Pamphlets and wallet cards are now available for community partners to raise awareness internally and to share with suicide loss survivors. Email <u>barbb@mass211.org</u> to request a supply of these resources.

Connecting loss survivors to resources...

Pictured: Postvention Support Services Pamphlet & Resource Wallet Cards with QR Codes

